



Choice Fresh Boneless Beef Inside Round 20/up

Product Description - 100% Fresh Beef, No Additives

Product Code - 75082

GTIN - 90096423750823

Master Case

Piece Count	Net Weight	Gross Weight
3	75	77.49

Width	Length	Height
15.63"	23.38"	9.75"

TI	HI	Cube
5	5	2.06 cubic ft

Storage

Shelf Life	Storage Temp	Storage Method
35 days from production	Storage Handling: 28°F-34°F	Keep Refrigerated

Preparation

Cook Thoroughly To 160°F

Ingredients

Beef

Nutrition Facts

Serving Size – 3.5 oz

Calories 228

Calories from Fat 81

Total Fat 9g	14%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 97mg	32%
Sodium 45mg	2%
Total Carbs 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 34g	

Vitamin A 0%	Calcium 1%
Vitamin C 0%	Iron 17%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.