









Nutrition Facts

Serving Size -3 oz

Calories 140

Calories from Fat 60

Total Fat 6g	9%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 50mg	17%
Sodium 50mg	2%
Total Carbs 0g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein 19g	
Vitamin A 0%	Calcium 2%
Vitamin C 0%	Iron 8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.





Fresh Usda Choice Beef Stew Meat 2/5 Lb Bags

 $\mbox{\bf Product Description}$ - Made From 100% Fresh Beef And Contains No Additives.

Product Code - 17193 GTIN - 10079041171939

Master Case

Piece Count	Net Weight	Gross Weight
2	10	10.75
Width	Length	Height
9.94"	14.25"	4.31"
TI	HI	Cube
10	10	0.35 cubic ft

Storage

Shelf Life	Storage Temp	Storage Method
365 days from production	Storage Handling: -10°F-0°F	Keep Frozen

Preparation

Cook Thoroughly To 160'F

Ingredients

Beef