

Individually Wrapped Grass Fed Beef Liver 16/1 lb Bag

Product Description - The Superfood Powerhouse. Beef liver is one of the most nutrient-dense foods available - it's low in calories, rich in high-quality protein and contains an incredible amount of essential vitamins and minerals. The health benefits of such a high-protein intake speak for themselves, having been shown to increase metabolic rate, reduce appetite and help build and preserve muscle during weight loss. Liver also supports healthy brain function, and helps your body product natural energy through healthy cell function. Don't underestimate the super power of beef liver.

Features & Benefits

- Ready To Cook
- Sliced
- Skinned
- Deveined
- 4-Individually Wrapped Slices
- Easy Peel Packaging

Product Code - 1022640

GTIN - 10079041226400

UPC Code - 079041226403

Master Case

Case Quantity	Net Weight	Gross Weight
16	16	17.8
Width	Length	Height
8.5	18.75	10.25
TI	HI	Cube
10	8	0.95 cubic ft

Retail Pack

Net Weight	Width	Length	Height
1	3	8.75	10

Storage

Shelf Life	Storage Temp	Storage Method
549 days from production	Storage Handling: -10°F - 0°F	Keep Frozen

Ingredients

Beef Liver

Additional Description

Skylark Frozen Bagged Sliced Individually Wrapped Grass Fed Beef Liver, 16-1 Pound Bags Per 16 Pound Net Weight Master Case, 4-4 Ounce



Nutrition Facts

Serving Size – 4 oz

Calories 150

Calories from Fat 35

Total Fat 4g	6%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 310mg	103%
Sodium 80mg	3%
Total Carbs 4g	1%
Dietary Fiber 0g	
Sugars 0g	
Protein 23g	

Vitamin A 380%	Vitamin C 2%
Iron 30%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Individually Wrapped Slices Per Bag