



Inside Round 20/Up No Roll

Product Description - The America's Heartland Boneless Beef Inside Round is 100% No Roll Grade beef and contains no additives.

Features & Benefits

- Yield varies
- Cook thoroughly to 160°F
- Keep refrigerated
- Best if used within 35 days from the date of production

Product Code - 1032876

GTIN - 90096423328763

Master Case

Case Quantity	Net Weight	Gross Weight
1	82	84
Width	Length	Height
15.63	23.38	9.75
T1	H1	Cube
5	6	2.06 cubic ft

Storage

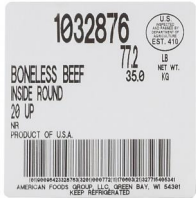
Shelf Life	Storage Temp	Storage Method
35 days from production	Storage Handling: 28°F - 34°F	Keep Refrigerated

Ingredients

Beef

Additional Description

America's Heartland Fresh Boneless Beef Inside Round, No-Roll Grade, 3 Bags Per 84 Pound Average Weight Master Case, 1 Inside Round Per Bag



Nutrition Facts

Serving Size – 3.5 oz

Calories 130

Total Fat 3.5g	4%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 55mg	2%
Total Carbs 0g	
Dietary Fiber 0g	
Sugars 0g	
Protein 23g	

Iron 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for

general nutrition advice.