













Nutrition Facts

Serving Size – 3.5 oz

Calories 190	
Total Fat 12g	15%
Saturated Fat 4.5g	23%
Trans Fat 0.5g	
Cholesterol 65mg	22%
Sodium 65mg	3%
Total Carbs 0g	
Dietary Fiber 0g	
Sugars 0g	
Protein 20g	
Iron 10%	

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for





LONG PRAIRIE PACKING CO. Inside Skirt Peeled Utility

Product Description - The Long Prairie Packing Boneless Beef Inside Skirt is 100% Utility Grade beef and contains no additives.

Features & Benefits

- Yield varies
- $\bullet\,$ Cook thoroughly to 160°F
- Keep refrigerated
- Best if used within 35 days from the date of production
- $\bullet\,$ Store refrigerated at temperatures from 28 to 34 F

Product Code - 1003636

GTIN - 90096423036361

Master Case

Piece Count	Net Weight	Gross Weight
6	55	57
Width	Length	Height
15.5	23.38	7
TI	HI	Cube
8	6	1.47 cubic ft

Storage

Shelf Life	Storage Temp	Storage Method
35 days from production	Storage Handling: 28°F - 34°F	Keep Refrigerated

Ingredients

Beef

general nutrition advice.