



Nutrition Facts

Serving Size – 3.5 oz

Calories 228

Calories from Fat 81

| | |
|------------------|-----|
| Total Fat 9g | 14% |
| Saturated Fat 3g | 15% |
| Trans Fat 0g | |
| Cholesterol 97mg | 32% |
| Sodium 45mg | 2% |
| Total Carbs 0g | 0% |
| Dietary Fiber 0g | 0% |
| Sugars 0g | |
| Protein 34g | |

| | |
|--------------|------------|
| Vitamin A 0% | Calcium 1% |
| Vitamin C 0% | Iron 17% |

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

LONG PRAIRIE PACKING CO.

Utility Fresh Boneless Beef Eye Round

Product Description - 100% Fresh Beef, No Additives

Product Code - 02650

GTIN - 90096423026508

Master Case

| Piece Count | Net Weight | Gross Weight |
|-------------|------------|---------------|
| 12 | 63 | 65.39 |
| Width | Length | Height |
| 15.63" | 23.38" | 9.75" |
| TI | HI | Cube |
| 5 | 6 | 2.06 cubic ft |

Storage

| Shelf Life | Storage Temp | Storage Method |
|-------------------------|-----------------------------|-------------------|
| 35 days from production | Storage Handling: 28°F-34°F | Keep Refrigerated |

Preparation

Cook Thoroughly To 160°F

Ingredients

Beef