

Open-Faced Roast Beef & Summer Vegetables

A thinly-sliced deli Roast Beef sandwich served open-faced with cucumbers and red onion. Easy and delicious!

INGREDIENTS

- 3/4 pound thinly sliced deli roast beef
- 1/3 cup mild horseradish sauce
- 2 teaspoons low-fat milk
- 1 tablespoon chopped Major Grey chutney
- 4 large slices dark rye bread
- 1/2 medium cucumber, very thinly sliced
- 1/2 small red onion, very thinly sliced
- 1 tablespoon snipped chives



15 Min



4
Servings



42 Cal



27g
Protein

COOKING

1. In small bowl, combine sauce ingredients.
2. Spread one side of each bread slice with 2 teaspoons sauce. Top with equal amounts of cucumber, onion and deli roast beef. Spoon remaining sauce evenly over beef; sprinkle with chives.

NUTRITION

Serv Size	Calories	Total Fat	Cholest	Sodium	Total Carb	Protein	GLUTEN FREE	ALL NATURAL
4		6g	69mg		19g	27g	1	0

*The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Courtesy of BeefItsWhatsForDinner.com