

Serv Size	Calories	Total Fat	Cholest	Sodium	Total Carb	Protein		
12		7g	25mg		6g	11g	1	0

*The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Courtesy of BeefItsWhatsForDinner.com