

Cheeseburger Mac

Ground Beef served with macaroni noodles and a cheesy sauce. A favorite for kids and adults alike.



INGREDIENTS

- 1 pound Ground Beef (93% lean or leaner)
- 1-3/4 cups water
- 1 cup dry elbow macaroni
- 6 ounces processed cheese spread, cut into cubes
- 8 to 10 dill pickle slices (optional)

30 Min 4 42 Cal 36g
 Servings Protein

COOKING

1. Heat large nonstick skillet over medium heat until hot. Add Ground Beef; cook 8 to 10 minutes, breaking into 3/4-inch crumbles and stirring occasionally.
2. Stir in water and macaroni; bring to a boil. Reduce heat; cover and simmer 9 to 11 minutes or until macaroni is tender.
3. Stir in cheese cubes. Cook 1 to 2 minutes or until heated through, stirring occasionally.
4. Season with salt and pepper, as desired. Serve beef mixture topped with pickle slices, if desired.

NUTRITION

Serv Size	Calories	Total Fat	Cholest	Sodium	Total Carb	Protein		
4		17.4g	107mg		23g	36g	1	0

*The % Daily Value tells you how much of a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Courtesy of BeefItsWhatsForDinner.com